

Masters of Counselling and Psychotherapy

These Program Rules should be read in conjunction with the University's policies (<http://www.adelaide.edu.au/policies>).

1 Duration of program

To qualify for the Masters of Counselling and Psychotherapy, a candidate shall satisfactorily complete a course of study comprising two years of full-time study or the equivalent of part-time study.

2 Admission

- 2.1 The Faculty of Health Sciences may accept as a candidate for the degree any person who has qualified for a degree of the University of Adelaide or of another university, and who has completed the Graduate Diploma of Counselling and Psychotherapy.
- 2.2 Subject to the approval of Council, the Faculty of Health Sciences may in special cases and subject to such conditions as it may see fit to impose in each case, accept as a candidate for the degree a person who does not meet the requirements specified in 2.1 above if it is satisfied that he or she is likely to be able satisfactorily to undertake work for the degree.
- 2.3 The Faculty of Health Sciences may require an applicant to complete such preliminary work as it may prescribe before being accepted as a candidate for the degree.
- 2.4 Status, exemption and credit transfer
 - 2.4.1 Except with special permission of the Faculty, no candidate will be granted status for any course that he or she has presented for any other award.
 - 2.4.2 Such status as may be awarded in exceptional circumstances will only be awarded for graduate level studies.
 - 2.4.3 In any case, no candidate will be awarded more than 24 units of status, except for those candidates who have undertaken antecedent courses in Counselling presented by the Discipline of General Practice, the University of Adelaide.
 - 2.4.4 A candidate who fails a course and wishes to repeat that course shall, unless exempted partially there from by the Head of Discipline concerned, again complete the required work in the course to the satisfaction of the teaching staff concerned.

3 Assessment and examinations

- 3.1 There shall be four classifications of pass in any course for the Certificate, Diploma and Masters degree: Pass with High Distinction, Pass with Distinction, Pass with Credit and Pass.
- 3.2
 - a A candidate shall not be eligible to attend for examination unless the prescribed work has been completed to the satisfaction of the teaching staff concerned.
 - b A candidate who has failed a course twice may not re-enrol in that course except by special permission of the Faculty and then only under such conditions as may be prescribed.

4 Qualification requirements

- 4.1 Academic program

To qualify for the Masters of Counselling and Psychotherapy, a candidate shall satisfactorily complete courses to the value of 48 units.
- 4.2 The courses undertaken in the general Masters Program shall be all course from 4.2, 15 units from 4.3 plus 9 units from 4.4 alternatively all courses from 4.2 and 24 units from 4.5:

GEN PRAC 5005HO Counselling Skills 1.....	3
GEN PRAC 5007HO Attachment Across the Lifespan	3
GEN PRAC 5006HO Ethics in the Workplace	3
GEN PRAC 5008HO Counselling/Psychotherapy Theories.....	3
GEN PRAC 6018HO Counselling Skills 2.....	3
GEN PRAC 6020HO Research Methods	3
GEN PRAC 6019HO Introduction to Mental Health.....	3
GEN PRAC 6021HO Nature of Grief	3
- 4.3
 - GEN PRAC 7001 Placement I.....
 - GEN PRAC 7002 Placement II – in a counselling setting
 - GEN PRAC 7003 Cognitive Behaviour Therapy and Trauma.....
 - GEN PRAC 7004 Interpersonal Therapy: Theory and Techniques.....

	GEN PRAC 7005 Narrative Therapy: Theory and Techniques	3
4.4	and 3 electives to the value of 9 units from:	
	GEN PRAC 7006 Counselling Applications	3
	GEN PRAC 7007 Grief and Loss Counselling	3
	GEN PRAC 7009 Hypnosis: Theory and Techniques.....	3
	GEN PRAC 7014 Counselling, Eating Disorders & Weight Management	3
	GEN PRAC 7015 Introduction to Addictions Counselling	3
	GEN PRAC 7016 Introduction to Coaching	3
	GEN PRAC 7012 Grief and Palliative Care Counselling	3
4.5	GEN PRAC 7010 Research Methods II	12
	GEN PRAC 7011 Research Thesis in Counselling & Psychotherapy	12
4.6	The courses undertaken in the Masters of Counselling and Psychotherapy (Grief and Loss) shall be all course from 4.6:	
	GEN PRAC 5005HO Counselling Skills 1	3
	GEN PRAC 5007HO Attachment Across the Lifespan	3
	GEN PRAC 5006HO Ethics in the Workplace	3
	GEN PRAC 5008HO Counselling/Psychotherapy Theories.....	3
	GEN PRAC 6018HO Counselling Skills	3
	GEN PRAC 6020HO Research Methods	3
	GEN PRAC 6019HO Introduction to Mental Health.....	3
	GEN PRAC 6021HO Nature of Grief	3
4.7	GEN PRAC 7001 Placement I	3
	GEN PRAC 7018 Placement II - in a grief setting	3
	GEN PRAC 7003 Cognitive Behaviour Therapy and Trauma.....	3
	GEN PRAC 7004 Interpersonal Therapy: Theory and Techniques.....	3
	GEN PRAC 7005 Narrative Therapy: Theory and Techniques	3
	GEN PRAC 7007 Grief and Loss Counselling	3
4.8	And 2 electives to the value of 6 units from:	
	GEN PRAC 7006 Counselling Applications	3
	GEN PRAC 7014 Counselling, Eating Disorders & Weight Management	3
	GEN PRAC 7015 Introduction to Addictions Counselling	3
	GEN PRAC 7016 Introduction to Coaching	3
	GEN PRAC 7009 Hypnosis: Theory and Techniques.....	3
4.9	GEN PRAC 7010 Research Methods II	12
	GEN PRAC 7011 Research Thesis in Counselling & Psychotherapy.....	12
4.10	The courses undertaken in the Masters of Counselling and Psychotherapy (Grief and Palliative Care) shall be all course from 4.10, 18 units from 4.11 plus 6 units from 4.12 alternatively all courses from 4.10 and 24 units from 4.13:	
	GEN PRAC 5005HO Counselling Skills 1	3
	GEN PRAC 5007HO Attachment Across the Lifespan	3
	GEN PRAC 5006HO Ethics in the Workplace	3
	GEN PRAC 5008HO Counselling/Psychotherapy Theories.....	3
	GEN PRAC 6018HO Counselling Skills 2	3
	GEN PRAC 6020HO Research Methods	3
	GEN PRAC 6019HO Introduction to Mental Health.....	3
	GEN PRAC 6021HO Nature of Grief.....	3
4.11	GEN PRAC 7001 Placement I	3
	GEN PRAC 7017 Placement II - in a grief and palliative setting	3
	GEN PRAC 7003 Cognitive Behaviour Therapy and Trauma.....	3
	GEN PRAC 7004 Interpersonal Therapy: Theory and Techniques.....	3
	GEN PRAC 7005 Narrative Therapy: Theory and Techniques.....	3
	GEN PRAC 7012 Grief and Palliative Care Counselling.....	3

4.12	and 2 electives to the value of 6 units from:	
	GEN PRAC 7006 Counselling Applications.....	3
	GEN PRAC 7007 Grief and Loss Counselling	3
	GEN PRAC 7014 Counselling, Eating Disorders & Weight Management	3
	GEN PRAC 7015 Introduction to Addictions Counselling	3
	GEN PRAC 7016 Introduction to Coaching	3
	GEN PRAC 7009 Hypnosis Theory and Techniques	3
4.13	GEN PRAC 7010 Research Methods II	12
	GEN PRAC 7011 Research Thesis in Counselling & Psychotherapy.....	12
4.14	The courses undertaken in the Masters of Counselling and Psychotherapy (Mental Health) shall be all course from 4.14, 18 units from 4.15 plus 6 units from 4.16 alternatively all courses from 4.14 and 24 units from 4.17:	
	GEN PRAC 5005HO Counselling Skills 1	3
	GEN PRAC 5007HO Attachment Across the Lifespan	3
	GEN PRAC 5006HO Ethics in the Workplace	3
	GEN PRAC 5008HO Counselling/Psychotherapy Theories.....	3
	GEN PRAC 6018HO Counselling Skills 2	3
	GEN PRAC 6020HO Research Methods	3
	GEN PRAC 6019HO Introduction to Mental Health.....	3
	GEN PRAC 6021HO Nature of Grief.....	3
4.15	GEN PRAC 7001 Placement I.....	3
	GEN PRAC 7020 Placement II -in a mental health setting.....	3
	GEN PRAC 7003 Cognitive Behaviour Therapy and Trauma.....	3
	GEN PRAC 7004 Interpersonal Therapy: Theory and Techniques	3
	GEN PRAC 7005 Narrative Therapy: Theory and Techniques.....	3
	GEN PRAC 7013 Mental Health Counselling	3
4.16	and 2 electives to the value of 6 units from:	
	GEN PRAC 7006 Counselling Applications.....	3
	GEN PRAC 7007 Grief and Loss Counselling	3
	GEN PRAC 7014 Counselling, Eating Disorders & Weight Management	3
	GEN PRAC 7015 Introduction to Addictions Counselling	3
	GEN PRAC 7016 Introduction to Coaching	3
	GEN PRAC 7009 Hypnosis: Theory and Techniques.....	3
4.17	GEN PRAC 7010 Research Methods II	12
	GEN PRAC 7011 Research Thesis in Counselling & Psychotherapy.....	12
4.18	The courses undertaken in the Masters of Counselling and Psychotherapy (Lifestyle and Well-being) shall be all courses from 4.18, 9 units from 4.19 plus 15 units from 4.20 alternatively all courses from 4.18 and 24 units from 4.21:	
	GEN PRAC 5005HO Counselling Skills 1	3
	GEN PRAC 5009 Introduction to Lifestyle Counselling.....	3
	GEN PRAC 5006HO Ethics in the Workplace	3
	GEN PRAC 5010 Introduction to Health Promotion	3
	GEN PRAC 6022 Counselling Skills 3	3
	GEN PRAC 6023 Introduction to Pain Management	3
	GEN PRAC 6024 Introduction to Chronic Illness and Self-management	3
	GEN PRAC 6025 Introduction to Business Management	3
4.19	GEN PRAC 7001 Placement I.....	3
	GEN PRAC 7001 Placement II - in a lifestyle setting	3
	GEN PRAC 7003 Cognitive Behaviour Therapy and Trauma.....	3
4.20	and 5 electives to the value of 15 units from:	
	GEN PRAC 7006 Counselling Applications.....	3
	GEN PRAC 7007 Grief and Loss Counselling	3

	GEN PRAC 7009 Hypnosis: Theory and Techniques.....	3
	GEN PRAC 7014 Counselling, Eating Disorders & Weight Management	3
	GEN PRAC 7015 Introduction to Adictions Counselling	3
	GEN PRAC 7016 Introduction to Coaching	3
4.21	GEN PRAC 7010 Research Methods II	12
	GEN PRAC 7011 Research Thesis in Counselling & Psychotherapy.....	12