Lunchtime Lecture

Hosted by the Centre for Housing, Urban and Regional Planning (CHURP)

Dr Phil Mason
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Investment in housing, regeneration and neighbourhood renewal:
Measuring impacts on the health and wellbeing of people and communities

Wednesday 7 November 2012
12.30 - 1.30 pm
Ingkarni Wardli, B19 Teaching Suite 3

Trained as an evolutionary biologist, Dr Mason has worked on health and housing problems for many years. His early work on the Scottish Health, Housing and Regeneration (SHARP) longitudinal study looked at the health and social effects on tenants of moving into new-build socially rented housing. Currently he is part of the Glasgow Community Health and Wellbeing Research and Learning Program (GoWell), and has published widely from this project.

The GoWell Research and Learning Programme is a 10-year longitudinal study of the impacts of investment in housing, regeneration and neighbourhood renewal on the health and wellbeing of people, families and deprived communities in Glasgow, Scotland. The programme aims to establish the nature and extent of these impacts, to learn about the relative effectiveness of different approaches, and to inform policy and practice in Scotland and beyond.

Notably, the work of GoWell has challenged the assumption that relocation and displacement is detrimental to social and psychosocial wellbeing. It has also reinforced a positive relationship between physical activity and mental wellbeing. This talk will reflect on lessons from the GoWell Programme, and suggest methods for gathering better evidence and monitoring the effects of urban renewal and change.

Project websites:
www.gowellonline.com
www.sphsu.mrc.ac.uk/research-programmes/ev/hrh/sharp.html

RSVP by 5 November
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