

Student Worksheet

How can we feed the world sustainably? Grow muntries?

An Australian Native Food Plant.

Do you know the names of any food plants that were eaten by the Indigenous Australians (aborigines)?

.....
.....

Have you ever seen this plant/berry growing in SA? **YES / NO (circle this answer)**

The plant *Kunzea pomifera* produces berries, called muntries



The ngarrindjeri word for muntries is munthari

It grows naturally in parts of South Australia and Victoria



Muntries is like a spicy type of an everyday fruit. What do you think muntries might taste like?

A spicy

Hint 1: Does the colour remind you of an everyday fruit you might eat as part of your 5 veg + 2 fruits?

Hint 2: An a day helps keep the doctor away!

What is the size of the biggest fruit in the picture below? Use millimetres (mm)



What other fruits or berries do you know that have a similar size?

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Muntries: General Information Sheet

Muntries are ripe from Jan-Apr. Here are places where you can see them growing.

- Botanic Gardens of Adelaide
- On the road side between Adelaide and Melbourne (from Ki Ki to Bordertown)
- Cape Jervis, south of the Ferry Terminal (start of the Heysen trail)
- State Flora Native plant nursery, Belair
- Coastal reserves at Tennyson & Aldinga
- Carpenters Rocks, near Robe

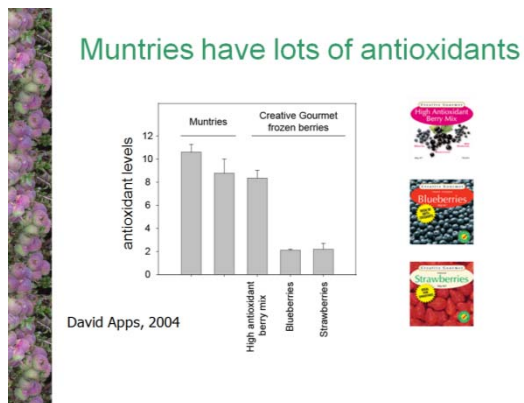
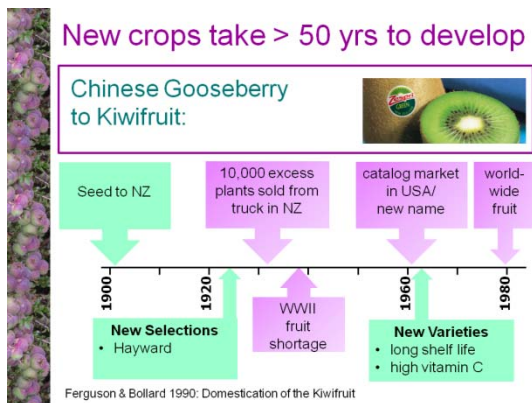
Growing naturally at Cape Jervis

the green round mats on the ground



Growing on trellises at Mt Pleasant in 2004

this makes harvesting easier



To see where you can buy muntries products, go to

<http://www.muntries.nativeaustralianfoods.com/buy.html>

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