



UniSA

Sansom Institute Research Seminar

Antisocial behaviour in young people - does nutrition matter?



Linking research to better health.

International guest speaker:

Bernard Gesch

University of Oxford, UK

We invite you to join us to hear about links between nutrition and antisocial behaviour, and pioneering research in the UK that found significant reductions in offences committed by prisoners following micronutrient and essential fatty acid supplementation compared with placebo.

We will also receive an overview of youth justice and correctional services here in South Australia from senior government executives as a local context for discussion. This seminar will be of interest to people who work with at-risk children, offenders, criminal justice, and nutrition.

Co-hosts

Healthy Development Adelaide

A Research & Innovation Cluster in South Australia.

HDA is an initiative since 2004 of



Wednesday 13 April 2011

5.30pm - 8.00pm

Basil Hetzel Lecture Theatre,
University of South Australia
Frome Road, Adelaide

RSVPs essential by Thursday 7 April to

✉ anne.jurisevic@adelaide.edu.au (*email preferable*)

☎ (08) 8303 8222

This seminar will be chaired by

Jackie Bray

Director Youth Justice, Department for Families & Communities

With a contextual South Australian overview by

Peter Severin

Chief Executive, Department for Correctional Services

HDA Partners - UniSA, Ch 7 Children's Research Foundation, CYWHS, Fertility SA, Flinders University DECS, WCHRI, Flinders Reproductive Medicine



Program

- 5.00pm** *Arrivals & Registration*
- 5.30pm** **Jackie Bray**
Director, Youth Justice
Department for Families and Communities
Youth Justice SA
- 5.45pm** **Peter Severin**
Chief Executive
Department for Correctional Services
Criminal Justice - SA perspective
- 6.00pm** **Bernard Gesch**
Senior Research Scientist
University of Oxford, UK
*Antisocial behaviour in young people -
does nutrition matter?*
- 6.40pm** *Audience questions followed by light
refreshments*
- 8.00pm** *Close*



Speakers



Jackie Bray is the Director of Youth Justice within the Department for Families and Communities. Jackie is currently heading up a major reform agenda for Young Offenders in SA, including the design and construction of a New Youth Training Centre that brings together the newest in understanding and action for Health, Education, Training and Rehabilitation for Young People in South Australia.

Jackie commenced working in the Organisational and Community division in 2007 after moving to Adelaide from the UK. It was whilst working in the UK Health Service that Jackie found her passion for major service delivery change around changes that affect the community services. In 2003 Jackie was appointed as Programme Manager of the National Drug Programme, in the Criminal Justice Sector within the UK Home Office. It was from here that Jackie went on to develop and manage some ground-breaking work that included working across many government and non government services, and resulted in Jackie heading up a new multi agency partnership working approach, across both adult and youth criminal Justice services. Jackie was also involved in the UK Youth Justice Board and chaired a series of committees around the implementation of restorative Justice.



Peter Severin has been the Chief Executive of the Department for Correctional Services in South Australia since 28 July 2003. Prior to his appointment, Peter worked with the Department of Correctional Services in Queensland for almost 15 years; his last position was Deputy Director-General. Peter started his corrections career in Germany in 1980.

Peter has a strong background in corrections operation, in particular offender management and intervention. Peter has also presided over a significant prison infrastructure expansion and has particular expertise in the development of service standards for the delivery of correctional services by the private sector and contract management. Peter's vision for Corrections in South Australia is for the system to be recognised as a significant Human Service, offering opportunities for offenders to address their offending behaviour within a safe and secure environment.



Bernard Gesch is a Senior Research Scientist in the Department of Physiology, Anatomy and Genetics, University of Oxford; and Director of the UK research charity Natural Justice which investigates causes of criminal antisocial behaviour.

Bernard is internationally known for his pioneering research into the links between diet and antisocial and criminal behaviour. In the late eighties he established a successful programme combining nutrition and social approaches to offending which Courts used as an alternative to imposing custodial sentences on persistent juvenile offenders. With the co-operation of the Home Office, Bernard and colleagues went on to conduct a carefully controlled clinical trial, supported by the charity Natural Justice, to test empirically if better nutrition could significantly improve the behaviour of maximum-security prisoners. It did! The publication of their work attracted in excess of 200 positive press articles worldwide. Bernard now collaborates internationally to replicate these findings, and is honoured to work with eminent colleagues from several institutions, including the Medical Research Council, the Institute of Psychiatry, the US National Institute of Health, the Dutch Ministry of Justice and the Scottish Prison Service.