

A PUBLIC EVENT

Eating for Two

NUTRITION IN PREGNANCY



ADMISSION

Gold coin donation to the Robinson Foundation

FORMAT

Short presentations by 3 speakers, then an expert panel discussion to answer your questions about nutrition in pregnancy.

WELCOME BY

Professor Rob Norman
HDA Co-Convenor & Robinson Institute Director

Professor Bob Gibson
Director, FOODplus

MC

Amanda Blair FiveAA

SPEAKERS

Dr Rosemary Stanton OAM
Nutritionist and dietician, author
Dietary guidelines and recommendations in pregnancy

Professor Maria Makrides
Women's & Children's Health Research Institute
Use or abuse of supplements in pregnancy

Professor Jodie Dodd
Robinson Institute
The impact of obesity in pregnancy

ADDITIONAL PANEL MEMBERS

Ms Philippa Middleton
Professor Claire Roberts
Robinson Institute

This is a unique opportunity to hear from some of Australia's finest practitioners and researchers, and have your nutrition in pregnancy questions answered.

What foods are best for the health of pregnant women and their developing child?
Are there some foods that women should be avoiding?

Are we seeing an increased prevalence of health problems in pregnancy related to over consumption and nutritional deficiencies?

When it comes to nutritional supplements before and during pregnancy, what are we to believe? Are they needed?

Does the food a pregnant woman eat have a role in preventing / causing disease in her child?

Date: Tuesday 27th September 2011

Time: 6:00pm-7:30pm. Doors open from 5:30pm

Venue: Elder Hall, University of Adelaide, North Terrace

Register online at: www.eventbrite.com/event/1818259463

For further information, please contact:

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