

The 2nd Annual Food Industry Forum for Nutrition Research



Sustainable Nutrition - Sustainable Lifestyles

Monday 29th - Tuesday 30th August 2011
The Sebel Playford, 120 North Terrace, Adelaide

Major Sponsors:



Supporting
Sponsors:



For further information go to: <http://www.unisa.edu.au/nutritional.physiology/food.asp>

Monday 29 August

5.30pm: REGISTRATION
Sebel Playford - Level 1, ballroom 3

6.00pm: Official Welcome & Opening - Hon John Hill MP, Minister for Health

6.10pm: Paul Nestel Lecture
Professor Tony McMichael
Sustainable Nutrition - Sustainable Paths, and Challenges, for the Food Industry

7.15pm: Australian Food & Grocery Council Dinner
Sebel Playford - Level 1, ballroom 2

10.00pm: CLOSE

Tuesday 30 August

8.00am: REGISTRATION
Sebel Playford - Level 1, ballrooms 1&2

8.45am: Welcome

Nutrition for Life - *Sponsored by Nestle*

- 8.50am Dr Karen Campbell: *Nutritional programming - setting sustainable patterns*
- 9.20am Dr Alison Hill: *Eating for everyday active lives*
- 9.40am A/Prof Vicki Flood: *Seeing is believing -the case for carotenoids*
- 10.00am Dr Lisa Wood: *Cool nutrients - counteracting inflammation*
- 10.20am Dr Nathan O'Callaghan: *Dining out with your DNA*
- 10.40am Prof Andrew Scholey: *Foods for moods and minds*

11.00am: Morning Tea/coffee

Foods for Sustainable Nutrition - *Supporting Sponsors*

- 11.30am Dr Rosemary Stanton: *Sustainable foods and good nutrition -a new union*
- 12.00pm Prof Peter Clifton: *Saturated fats - how low can we go?*
- 12.20pm Prof Nick Costa: *Red meat - hard to beat?*
- 12.40pm Prof Jonathan Hodgson: *Legumes - good for the pulse?*

1.00-2.00pm: Lunch

- 2.00pm A/Prof Jon Buckley: *Fast food - dairy shows the whey?*
- 2.20pm Dr Peter Nichols: *long-chain omega-3 sources in a resources constrained world*
- 2.40pm Prof Peter Howe: *omega-3 - is fish best?*
- 3.00pm Prof Robert Scragg: *Sustainable nutrition - do supplements do it better?*
- 3.30pm Prof Tony Worsley: *Consumers and food - sustainable what?*

4.00pm: Closing Summary

Food Industry Forum for Nutrition Research 2011 Program Committee: Peter Howe (Convenor)
Jon Buckley, Alison Coates, Geoffrey Annison, Manohar Garg, Leisa Ridges, Katrine Baghurst

Co-Hosted by



Nutritional Physiology
Research Centre

The Nutritional Physiology Research Centre has an international reputation for human research on the roles of nutrition and physical activity in attaining and maintaining optimal physical and mental health and in counteracting obesity and the diseases of affluence. The Centre recognises the economic and social importance of addressing both diet and lifestyle in order to optimise health development and counteract risk factors for chronic disease across the lifespan.

Our research addresses cardiovascular, metabolic, anti-inflammatory and mental health benefits of diet and physical activity and the underlying mechanisms in populations ranging from patients with chronic disease to elite athletes. Physiological effects of whole foods (e.g. dairy, pork), bioactive nutrients (e.g. omega-3, phytoestrogens, antioxidants) and other dietary factors are evaluated, alone or in combination with regular exercise, in human trials.

The Centre's research programmes are supported by Category One Funding (ARC, NHMRC and NHF), other Government funding and partnerships with food the industry. Research outcomes are expected to benefit food industry partners and consumers by supporting the development of healthier food products and substantiating associated health claims, and informing public health recommendations for nutrient intakes and physical activity requirements.

www.unisa.edu.au/nutritional.physiology



Healthy Development Adelaide (HDA) promotes, facilitates and undertakes research that advances multidisciplinary understanding of healthy development by combining research strengths addressing high priority research issues to ensure the physical, psychological and social health of Australian infants, children and adolescents.

HDA was initially established in 2004 as an initiative of the University of Adelaide and is led by Professors' Robert Norman (University of Adelaide), Caroline McMillen (UniSA) and Michael Sawyer (University of Adelaide / CYWHS).

HDA has over 150 members currently and fosters research in over 20 disciplines across the state with focus to developing a portfolio for South Australia in developmental health research. HDA crosses many sectors that include government, health service, university, allied health, associations, organisations/institutions and the general community.

Partners include UniSA, Women's and Children's Health Research Institute, Channel 7 Children's Research Foundation, Department of Education and Children's Services. As of 2010 new Partners include Fertility SA, Children Youth & Women's Health Service, Flinders University and Flinders Reproductive Medicine.

Winner in Excellence in Research Collaboration
SA Science Excellence Awards 2009

www.adelaide.edu.au/hda

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The Sebel Playford, 120 North Terrace, Adelaide
Monday 29th (evening) and Tuesday 30th August 2011

REGISTRATION FORM

Contact details

Title		First Name		Family Name	
Position					
Organisation					
Mailing address					
	State			Postcode	
Telephone	()		Mobile		
Email					

Registration options

All fees include GST. Students must include a copy of their student ID with this form

Should there be a necessity to cancel a registration please contact Tanya Vernik, Ph: 08 8302 2097

	Regular	Member of AFGC, HDA or NSA	Full-time Student	Amount due (please fill in)
Registration by 8 th August	\$150	\$125	\$100	
Registration after 8 th August	\$200	\$175	\$125	
AFGC Dinner	\$75	\$50	\$50	
			Total:	\$ _____
Dietary requirements	Please state here if you have any special dietary requirements:			

Credit card Once payment has been received this form becomes a tax invoice ABN: 37 191 313 308.

Please debit	[] Visa		[] Mastercard	
Amount	AUD \$	Date		
Card No.	_____ _____ _____ _____			
Expiry date	____ / ____			
Cardholder name				
Cardholder signature			Date	

Please email completed form to tanya.vernik@unisa.edu.au or fax 08 8302 2178

Accommodation suggestions

Sebel Playford Adelaide

120 North Terrace, Adelaide. Ph: (08) 8213 8888

www.mirvachotels.com/sebel-playford-adelaide

Stamford Plaza Hotel

150 North Terrace, Adelaide. Ph (08) 8461 1111

www.stamford.com.au/spa/