

Healthy Development Adelaide (HDA)

A Research & Innovation Cluster in South Australia

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Childhood Obesity: is it really an epidemic? ... weighing in on the issues ...

Date: Thursday 24 March 2011

Time: 5.00 - 7.30pm

Venue: Union House (Level 4, Eclipse Room)
University of Adelaide (North Terrace campus)

Registration from 4.30pm for 5pm start
Networking with light refreshments from 6.30pm
All Welcome - FREE admission

RSVPs required by Monday 21 March

✉ anne.jurisevic@adelaide.edu.au (*email preferable*)

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SPEAKERS

Dr Jim Dollman

Physical activity and diet quality decline as children become adolescents - but who defies the odds?

Senior Lecturer, School of Health Sciences, University of South Australia

Dr Anthea Magarey

Translating PEACH™ to practice: why is it so hard?

Accredited Practising Dietitian, Department of Nutrition and Dietetics, Flinders University

Professor Elizabeth Handsley

'But Monica says ...': does regulation actually limit children's exposure to food advertising?

Professor of Law, School of Law, Flinders University

Dr Richard Couper

Non alcoholic fatty liver disease in childhood

Senior Staff Specialist, Department of Gastroenterology, Women's & Children's Hospital / Senior Lecturer, Discipline of Paediatrics, University of Adelaide

CHAIR

Professor Claire Roberts

Senior Research Fellow, The Robinson Institute, University of Adelaide



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Speakers



Dr Jim Dollman is a senior lecturer at the University of South Australia, and is a member of the Nutritional Physiology Research Centre and the Health and Use of Time Research Group. He has a strong research focus on predictors and consequences of regular physical activity, as well as the processes of physical activity measurement in populations. He has contributed to several steering committees and technical advisory groups for surveys, interventions and policy development initiatives at state and national levels. In the last 15 years, he has published over 60 journal articles, conference proceedings and book chapters in the fields of physical activity and body composition research. He has led several surveys at state and national levels, including the Physical Activity and Anthropometry component of the National Children's Nutrition and Physical Activity Survey, 2007. He has advised state and federal governments in his areas of expertise, including role of academic advisor on the Eat Well be Active community intervention, sponsored by the SA Department of Health. His current research projects centre on concept of 'resilience' in relation to physical activity and healthy eating among children from disadvantaged backgrounds.



Dr Anthea Magarey is an Accredited Practising Dietitian and an active member of DAA. She has spent the majority of her dietetic career working in the research arena pursuing her interest in dietary assessment methods and child and adolescent health with particular emphasis on the role of diet in prevention of adult disease. In the last 10 years her focus has been on management and prevention of child obesity and in this capacity she has been associated with over \$5 million grant funding. She currently manages several research projects including the translation of the effective weight management program PEACH™ into community practice (the subject of this presentation), and the Adelaide arm of NOURISH an NHMRC funded trial in Adelaide and Brisbane of positive feeding practices in first time mothers. She was on the evaluation team of *eat well be active* Community Programs, an investigator on the fun 'n' healthy in Moreland project in Victoria and is a member of the Scientific Advisory Committee of the SA Health funded OPAL project and a member of the PANORAMA team at Flinders University.



Professor Elizabeth Handsley joined the staff of Flinders Law School in 1996, and has taught also at law schools in Sydney and Perth. She teaches constitutional law and aspects of media law. Since 2010 Elizabeth has been the Co-convenor, with Dr Michael Rich of the Children's Hospital, Boston, of the Harvard-Australia Symposium on Media Use and Children's Well-Being. Since 2004 Elizabeth has been Vice-President of the Australian Council on Children and the Media, a national community organisation that collects and disseminates information on children and the media, as well as bringing a child development perspective to bear on all debates on children and the media, including and especially violence, commercial exploitation and premature sexualisation. In this capacity she has contributed to numerous submissions to reviews and inquiries, and given interviews in newspapers and on radio and television.

Dr Richard Couper is currently Senior Lecturer in Paediatrics at the University of Adelaide and Paediatric Gastroenterologist at the Women's and Children's Hospital, Adelaide. Dr Couper is a past president of the Paediatric Research Society of Australia and New Zealand and a past president of the Australian Society for Paediatric Gastroenterology and Nutrition. He was a member of the editorial panel for the *Journal of Paediatrics and Child Health* and was a member of the Divisional Committee for Paediatrics in the Royal Australasian College of Physicians. He is an editorial assistant to the *Lancet* and an associate editor for Nutrition and Dietetics. He is the author or co-author of 100 publications on a diverse range of topics, and was convenor of the Working Group for Pancreatic Disorders and Cystic Fibrosis for the 1st World Congress of Paediatric Gastroenterology. His major research interests are cystic fibrosis, helicobacter pylori and growth factors.

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