

cordially invites you to attend our 6th annual

HDA Oration

Professor Maria Makrides

Deputy Director, Women's & Children's Health Research Institute
Professor of Human Nutrition, University of Adelaide



**'Meeting the nutritional needs of early life:
the evidence and the myths'**

Wednesday 7 July 2010

5.30 - 7.30pm

Arrival at 5.15pm for 5.30pm start, Cocktail Food & Drinks following Oration

State Library of South Australia
Institute Building Lecture Theatre
(Corner Kintore Avenue and North Terrace)

*Professor Makrides will be presented with the
Healthy Development Adelaide Award for 2010*

Seats will be limited, RSVPs essential by Thursday 1 July
✉ anne.jurisevic@adelaide.edu.au (email preferable) or ☎ (08) 8303 8222

*Please note: HDA Oration preceded by presentation of HDA Leadership Awards to
A/Professor Pat Buckley and A/Professor Claire Roberts.*

Professor Maria Makrides



Maria Makrides is a NHMRC Senior Research Fellow and Deputy Director of the Women's & Children's Health Research Institute. She is also the Professor of Human Nutrition at the University of Adelaide.

As a research dietitian, Maria is committed to improving the nutrition and health of mothers and their babies through high quality research. She has published over 100 internationally peer-reviewed articles and is co-editor of the most widely sold paediatric nutrition text, which is available in English, Chinese, Spanish and soon to be translated in to French.

In the last 5 years, Maria has attracted over \$10M of research funding to support her growing team based at the Women's and Children's Hospital and at Flinders Medical Centre. She currently serves on the Board of Directors of the International Society for the Study of Fatty Acids and Lipids (ISSFAL) and is a member of the Nutrition Committee, Australian Academy of Science.

Oration Overview

Nutritional deficiencies are now rare thanks to a basic understanding of which nutrients are essential. However, new challenges in ensuring an adequate supply of nutrients to all Australians brought on by technological change are emerging. New technology has enabled us to save the lives of smaller and smaller preterm infants and meeting their nutritional needs is a continuing challenge. Advances in food technology have resulted in foods that are increasingly rich in energy but depleted in nutrients resulting in nutritional imbalances that threaten our health. Conversely, technology has allowed us to enrich foods and create supplements with synthetic nutrients that can result in nutrient levels that drift towards the toxic range. New tools for measuring the effects of nutrients on human health including large scale randomised controlled trials with long term follow-up are helping us redefine nutritional guidelines for better health for all Australians.

This event supported by HDA Partners

