



University of  
South Australia

Sansom Institute  
for Health Research

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## Sansom Institute Visiting Research Scholar Seminar

**Date:** Monday 7<sup>th</sup> September 2009

**Time:** 1:00pm – 2:00pm

**Place:** P3-20, Playford Building  
University of South Australia  
Frome Road, Adelaide

**RSVP:** 2<sup>nd</sup> September 2009  
[sansominstitute@unisa.edu.au](mailto:sansominstitute@unisa.edu.au)



The Sansom Institute for Health Research, in conjunction with the Centre for Intergenerational Health and Healthy Development Adelaide, is pleased to invite you to a Visiting Research Scholar Seminar.

### Professor Michael Kramer

Scientific Director, Institute of Human Development, Child and Youth Health, Canadian Institutes for Health Research

### *The Long-Term Child Health Effects of Prolonged and Exclusive Breastfeeding.*

**Professor Michael Kramer MD** is the Scientific Director of the Institute of Human Development, Child and Youth Health at the Canadian Institutes for Health Research (CIHR). He is also James McGill Professor in the Departments of Pediatrics and of Epidemiology, Biostatistics, and Occupational Health at the McGill University Faculty of Medicine in Montreal.

Professor Kramer is one of the world's leading perinatal epidemiologists and among his many outstanding scientific achievements, he is the lead investigator on the largest RCT ever conducted in the area of human lactation – the Promotion of Breastfeeding Intervention Trial (PROBIT) conducted in Belarus. Not only was PROBIT the first randomized trial of the WHO's Baby Friendly Hospital Initiative, but also having over 17,000 infant/mother pairs provided an opportunity to assess the direct relationship between a breastfeeding promotion intervention and health and development in mothers and infants.

A selection of relevant PROBIT publications:

Kramer MS, et al. Promotion of Breastfeeding Intervention Trial (PROBIT) A Randomized Trial in the Republic of Belarus. *JAMA* 285:413-420 (2001).

Kramer MS, et al. Effects of prolonged and exclusive breastfeeding on child height, weight, adiposity, and blood pressure at age 6.5 years: New evidence from a large randomized trial. *Am J Clin Nutr* 86:1717-1721 (2007).

Kramer M, et al. Breastfeeding and child cognitive development. *Arch Gen Psychiatry* 65:578-584 (2008).



Centre for Intergenerational Health

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