

UNIVERSITY OF ADELAIDE

CHECKLIST FOR FIRST AID KITS

Date:

School/Area

Kit location

Signed by

Basic and Occupational First Aid Kit

	Basic	Occupational
Gauze pieces 75 mm x 75 mm, sterile (packets containing 5)	5 pkts	20 pkts
BPC wound dressings No.15	1	2
Wound dressings sterile, non-adherent, small	3	12
Wound dressings sterile, non-adherent, large	1	3
Eye pads, sterile, individually wrapped	-	4
Conforming cotton bandages, 50 mm	3	6
Conforming cotton bandages, 75 mm	3	6
Conforming cotton bandages, 100 mm	1	6
Triangular bandages (minimum width 90 mm)	2	6
Non-stretch adhesive tape, 25mm x 2 m rolls (hypo-allergenic)	1	1
Adhesive dressing strips, independently wrapped, minimum quantity	50	100
Disposable wound cleaning swabs (1% Cetrimide BP)	10	25
Povidone-iodine 10% solution	15 ml	2 x 15 ml
Cotton-tipped applicators	-	50
Disposable latex gloves	5 prs	10 prs
Disposable eye wash (holding at least 30 ml)	-	5
Approved resuscitation face mask *	1	1
Scissors (sharp/blunt points)	1	1
Splinter forceps	-	1
Splinter probe/remover	1	1
70% alcohol swabs (ethanol or methanol) for instrument disinfection	10	25
Safety pins	5	10
Recording book and pencil for recording	1	1
Leaflet, First Aid Instructions (issued by the SA OH&S Commission)	1	1

* Persons using an approved resuscitation face mask should have received recent training in its use.

Remote Area Module

This module should be additional to all first aid kits or first aid rooms, where a workplace is remote from available medical services.

Leaflet, First Aid - Remote Areas (issued by the SA OH&S Commission)	1 set
Sunblock cream/Lotion SPF15+	1
Independently wrapped antiseptic impregnated gauze dressings	6
Disposable eye wash (holding at least 30 ml)	6
Heavy duty crepe bandages 7.5 cm	3
Disposable wound cleaning swabs (1% Centrimide BP)	12
Triangular bandages (minimum width 90 mm)	4
Independently wrapped combine dressings (20 cm x 20 cm)	2
BPC wound dressings (No. 15)	2
Aluminium sulphate 20% (eg. Stingose) gel or other packs	2
Disposable latex gloves	4-6 prs

The above checklist is a guide only, further information is provided in the procedure or available from the OH&S Unit.

Depending on the hazard, special items may be required in the first aid kit. e.g. calcium gluconate gel for hydrofluoric acid injuries. Additional modules will be provided where specific hazards exist in the workplace.

- (i) **An eye module** will be added to a first aid kit in any area where chemicals are handled; spraying, hosing or abrasive operations are carried out; there is any possibility of flying particles; welding, cutting or machining operations are conducted; or the wearing of eye protection is recommended.
- (ii) **A burns module** will be added to a first aid kit in any area where there is a possibility of a person sustaining a burn.
- (iii) **A remote module** will be added to a first aid kit in any area where a workplace is remote from available medical services or if the kit is used on extended field trips.