

**Some of the guidelines and resources you will find on the CD include:-**

- Basic clinical observation
- Taking blood and other specimens
- Swallowing assessment
- Muscle strength assessment
- CPR
- Making plaster casts
- How to do an ECG
- Ultrasound therapy procedure
- A full working version of the 2005 edition of the Australian Medicines Handbook

This version incorporates more Allied Health & Nursing practical skills, including disciplines such as speech pathology, occupational therapy and the 2005 Australian Medicines Handbook as well as Medical and Nursing.

“How Do I do more?..” was a multi-disciplinary project completed by students from different health disciplines as part of the SGRHS Vocational Scholarship initiative and is capable of running in a web based stand-alone environment on any PC.



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111 Nicolson Ave, Whyalla SA**

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# How Do I Do ... *more?*

*A Practical Skills & Information Resource for health students  
in rural or remote areas*



**Welcome to How do I do..... more?  
The practical skills resource for health  
science students undertaking a rural  
placement.**

**Published by the  
Spencer Gulf Rural Health School (SGRHS)  
<http://sgrhs.unisa.edu.au>**

## Welcome to

### How do I do ..... more?

This CD is not a text book but rather a collection of short guidelines presented with text or with pictures, audio or video or a combination. These give you practical steps on how to do things, a bit like a recipe book. The guidelines are not meant to be prescriptive but rather give you a good insight into the steps generally required for common clinical or other tasks you are likely to encounter during a rural placement.

Each placement site and supervisor may do things a little differently from the way we describe them but you will find that the fundamentals are the same.

Seeing different ways of doing things is all part of the rural placement experience – watch, do and learn is the fun way to learn.



## ORDER FORM

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Fax: (08) 8647 6164 Mobile: 0402 713 392  
[susan.mckenzie@unisa.edu.au](mailto:susan.mckenzie@unisa.edu.au)



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