



INVITATION

ARE THERE PERSONALITY CLASHES IN YOUR WORKPLACE THAT CAUSE YOU STRESS?

ARE COMMUNICATION STYLES SOMETIMES MISUNDERSTOOD DUE TO THE DIFFERENT WAYS THAT PEOPLE INTERACT?

For information on how these situations can be managed you are invited to attend a one hour presentation, conducted by our EAP provider, Corporate Health Group.



During this session you will learn practical skills to improve your ability to communicate well with others and in turn, manage a source of workplace stress.

Session details:

Date	Campus	Time	Room
Thursday 5 November 2009	North Tce Campus	1300 – 1400 hrs	Hughes Lecture Theatre (Level 3, Hughes Building)

RSVP by 03/11/2009

To assist us to determine numbers, it would be appreciated if you could confirm your attendance by email to Louise Dunn, HSW Specialist, Injury Management & Wellbeing (louise.dunn@adelaide.edu.au).

Further Information

Should you require any further information, please contact Louise on 8303 5904.