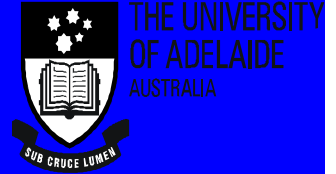


HDLD, a research grouping in the  
School of Psychology, University of Adelaide  
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presents...](http://www.psychology.adelaide.edu.au/units/health/presents...)



## **The OPAL Project: Obesity Prevention and Lifestyle**

by  
**Mark Williams, SA Health,  
State Manager, OPAL Project**



In this presentation Mark will outline the OPAL program, its implementation in SA and the links to an international network for promoting healthy weight. Launched in South Australia in March 2009, the new five-year, \$22.3m *Obesity Prevention and Lifestyle (OPAL)* program is aimed at promoting good health in our community by starting at the beginning – with our children.

In the first year, six councils are committed to the OPAL program: Playford, Mount Gambier, Salisbury, Marion, Onkaparinga and Port Augusta. As a result, the program could reach up to 90,000 South Australian children and their families.

OPAL will provide a basis for government and local community groups to work together to develop community-wide solutions to health issues. Federal and state funding will support the initiative, along with local contributions.

OPAL is based on the French EPODE program (*Ensemble Prévenons l'Obésité des Enfants - Together Let's Prevent Childhood Obesity*).

**Wednesday 12 August 2009**

**12.15 p.m. – 2.00 p.m.**

**Room 526/527 Hughes Building**

**The University of Adelaide**

**Sandwiches and coffee 1.30 - 2 p.m.**

**RSVP before 31/07/2009**

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