

# Curriculum Vitae

## Rachel Roberts

**Nationality:** Australian

### EDUCATION

#### Secondary:

1979-84      Scotch College, South Australia  
1984          Matriculation Certificate

Dec. 1984-    AFS Student Exchange Program  
Feb. 1985    Tharua High School, Thailand

#### Tertiary:

1985-88      University of Adelaide  
Honours Degree of Bachelor of Arts (Psychology)  
Thesis title: The effect of sex and social class on reading and  
metalinguistic abilities in tertiary students.

1989-91      University of Western Australia  
Master of Psychology (Clinical)  
Thesis title: Metarepresentational ability and social competence  
in socially impaired and normal children.

1996          University of Adelaide  
Non-award student in the Faculty of Medicine  
Neuroanatomy and neuroendocrinology III

2000-06      Flinders University, South Australia  
PhD, School of Psychology (Part time)  
Thesis title: The adjustment of young people with craniofacial  
conditions: Stressors, positive experiences and coping.

### EMPLOYMENT HISTORY

1989-90      Psychology tutor (Part time)  
Psychology Department  
University of Western Australia

1991-1993    Clinical Psychologist  
Whyalla Community Mental Health Service,  
Whyalla Hospital and Health Services

1992-1993    Visiting Lecturer in School of Nursing  
University of South Australia, Whyalla Campus (course taught:  
Psychology of communication at first year level)

- 1993-1995 Senior Clinical Psychologist  
Southern Child and Adolescent Mental Health Service  
Noarlunga Team
- 1994-1999 Psychologist (Operations Officer) (Part time)  
14 Psychology Unit, Army Reserves  
Australian Defence Force
- 1995-2005 Clinical Associate, School of Psychology  
Flinders University
- 2000-2005 Visiting Lecturer, School of Psychology  
Adelaide University (topics taught: Paediatric neuropsychology  
and specific learning difficulties at Masters level)
- 2000-2005 Visiting Lecturer, School of Psychology  
University of South Australia (topic taught: Abnormal child  
psychology at Second year level)
- 1995-2007 Senior Clinical Psychologist  
Department of Psychological Medicine  
Women's and Children's Hospital  
Adelaide  
(I was granted 12 months leave from this position from Nov 05 to Nov 06)
- Nov 05-Nov 06 Consultant Clinical Psychologist  
Priory Unsted Park Neuro-rehabilitation Centre  
Godalming, Surrey, England
- Oct 2006- Honorary Neuropsychology consultant to Novita Children's  
Services,  
2010 Regency Park, South Australia
- 2007-current Senior Lecturer  
School of Psychology, University of Adelaide  
2010- current Coordinator of Master of Psychology (Clinical)  
Program

### **UNIVERSITY ADMINISTRATION**

- Committee member, Postgraduate Studies Committee (2007)  
Committee member, School of Psychology Occupational Health and Safety  
Committee (2008-2009)  
School Committee (2007-current)  
Committee member, School of Psychology Teaching and Learning Committee  
(2010-2011)  
Committee member Postgraduate Coursework Strategic Planning Committee

(2010-2011)

Chair, School of Psychology Postgraduate Teaching and Learning Committee  
(2012- current)

## PROFESSIONAL MEMBERSHIPS

June 1991-present Registered Psychologist, Psychology Board of Australia.  
Endorsements in Clinical Psychology, Health Psychology and Clinical  
Neuropsychology.

Dec 1991-present Member, Australian Psychological Society #15131  
(Treasurer of APS SA Section 2008-2011)

Member of College of Clinical Psychology  
(Member, SA Section Committee 2011- current)

Member of College of Clinical Neuropsychology  
(Secretary of SA Section 2007-2009, Secretary of 2008 CCN National  
Conference Organising Committee, Secretary of CCN National Executive  
2009-2011)

Member of College of Health Psychology  
(Member SA Section Committee and National Committee 2008-current)

Dec. 2004-present, Member, British Psychological Society  
#074287 (Chartered Clinical Psychologist)

General Member of Division of Neuropsychology (elected 8/6/11) and  
Member of DON Faculty of Paediatric Neuropsychology (Faculty formed  
2011, member since 2012).

1/1/11-present, Member, International Association of Applied Psychology

Oct 2011- present, Society of Pediatric Psychology (SPP; Division 54 of the  
American Psychological Association), Member, Craniofacial Special Interest  
Group

## PUBLICATIONS

**Roberts, R. M., & Shute, R. (2011).** Living with a craniofacial condition:  
Development of the Craniofacial Experiences Questionnaire (CFEQ) for  
adolescents and their parents. *Cleft Palate-Craniofacial Journal*, 48, 727-735.  
doi: <http://dx.doi.org/10.1597/09-050>

**Roberts, R.M. & Shute, R. (2011).** The experience of living with a craniofacial  
condition: Perspectives of children, adolescents and parents. *Clinical Child  
Psychology and Psychiatry*, 16, 317 – 334. doi:10.1177/1359104509355021

**Roberts, R.M., (2011).** My daughter won't take her tablets: Medication  
adherence in a 9 year old girl, [Internet], available from URL:  
[www.emedici.com](http://www.emedici.com)

Winefield, H., Piteo, A., Kettler, L., **Roberts, R.**, Taylor, A., Tuckey, M., Denson, L., Thomas, K. & Lamb, I. (2011). Australian parents' needs and expectations regarding Out of School Hours Care: A pilot study. *Journal of Early Childhood Research*, 9, 196-206. DOI: 10.1177/1476718X10389142.

Foo, P., Sampson, W.J., **Roberts, R.M.**, Jamieson, L. & David, D.J. (in press). General and oral health-related quality of life among Australians with cleft compared with population norms. *Cleft Palate-Craniofacial Journal*. doi: <http://dx.doi.org/10.1597/10-126>

Foo, P., Sampson, W. **Roberts, R.M.**, Jamieson, L., & David, D. (in press). Facial aesthetics and perceived need for further treatment among adults with repaired cleft as assessed by cleft team professionals and laypersons. *European Journal of Orthodontics*. doi:10.1093/ejo/cjr129

Piteo, A.M., Lushington, K, **Roberts, R.**, Nettelbeck, T, Kohler, M.J, Martin, A.J & Kennedy, J.D. (2011). Prevalence of snoring and associated factors in infancy. *Sleep Medicine*, 12, 787-792. doi:10.1016/j.sleep.2011.01.019

Piteo, A.M., Kennedy, J.D., **Roberts, R.M.**, Martin, A.J., Nettelbeck, T., Kohler, M.J. & Lushington, K. (2011). Snoring and cognitive development in infancy. *Sleep Medicine*, 12, 981-987. doi:10.1016/j.sleep.2011.03.023

Taylor, A.W., Winefield, H., Kettler, L., **Roberts, R.**, Gill, T.K. (in press). A population study of 5 to 15 year olds - full time maternal employment not associated with high BMI. The importance of screen-based activity, reading for pleasure and sleep duration in children's BMI. *Maternal and Child Health*. doi 10.1007/s10995-011-0792-y

**Roberts, R.M.** & Mathias, J. (in press). Psychosocial outcomes in adults with congenital craniofacial conditions. *Cleft Palate-Craniofacial Journal*. doi: <http://dx.doi.org/10.1597/10-143>

**Roberts, R.M.** & Mathias, J. (in press). Living with a craniofacial condition. Chapter in *The Wiley-Blackwell Handbook of Applied Topics in Health Psychology* edited by Lina Ricciardelli and Marie Caltabiano.

Sweeney A, **Roberts, R.M.** & Fletcher, J.M. (in press). Dietary protein counting as an alternative way of maintaining metabolic control in phenylketonuria. *JIMD Reports*

Roberts, R.M., Moar, K., & Scott R. (2011). Teachers' opinions of interdisciplinary reports: The Children's Assessment Team. *Australian Journal of Educational and Developmental Psychology*, 11, 39-59.

**Roberts, R.M.**, & Shute, R. (in press). A prospective study of coping and

adjustment in adolescents with craniofacial conditions. *Children's Health Care*.

Day, A, **Roberts, R.** & Oxlad, M. (2011). Sun-protection and exposure among young women: Comparisons of various tanning behaviours. 46th Annual APS Conference, October 2011, Canberra. Combined Abstracts of 2011 Australian Psychology Conferences, Politis, A., Mrowinski, V., & Voudouris, N. (Eds.), p.161.

**Roberts, R.M.**, Mathias, J., & Wheaton, P. (2011). Cognitive functioning in cleft lip, cleft lip and palate, and cleft palate: A meta-analysis. 17th Annual College of Clinical Neuropsychologists Conference, November 2011, Sydney. Combined Abstracts of 2011 Australian Psychology Conferences, Politis, A., Mrowinski, V., & Voudouris, N. (Eds.), p.292.

**Roberts, R.M.**, George W.M, Cole, C., Marshall, P., Ellison, V., & Fabel, H. What effect does age-correction have on IQ scores among school-aged children born prematurely? *Brain Impairment*, 12, 25.

**Roberts, R.** (2011). The neuropsychology of craniosynostosis: The role of the psychologist and implications for surgeons. *ANZ Journal of Surgery*, 81 (Suppl. 1), A7.

**Roberts, R.M.**, Mathias, J. & Wheaton, P. (2010). Cognitive outcomes in cleft: A meta-analysis. Abstracts of the 16th Annual Conference of the APS College of Clinical Neuropsychologist, 66.

**Roberts, R.** & Aida Farhana, H.S. (2010). Effectiveness of a first aid information video in reducing epilepsy-related stigma. *Epilepsy and Behavior*, 18, 474-480. 10.1016/j.yebeh.2010.06.004

**Roberts, R.M.**, Beckwith, M. & Watts, D.J. (2010). Parents' alcohol consumption pattern affects their intentions to manage their own adolescent's use of alcohol. *Australian and New Zealand Journal of Public Health*, 34, 281-287.

**Roberts, R.M.** & Shute, R. (2011). The experience of living with a craniofacial condition: Perspectives of children, adolescents and parents. *Clinical Child Psychology and Psychiatry*, 16, 317 – 334. doi:10.1177/1359104509355021

Flapper W.J., Anderson, P.J., **Roberts, R.M.**, David, D.J. (2009). Intellectual outcomes following protocol management in Crouzon, Pfeiffer, and Muencke Syndromes. *Journal of Craniofacial Surgery*. 20, 1252-1255.

**Roberts R.** (2010). Teaching Mental Health: Book review. *Clinical Psychology Forum*, 206, 47.

**Roberts, R.M.**, Wilkinson, J. & Watts, D. (2009). University student' alcohol consumption: Combined influence of parents and peers. Proceedings of the 44th APS Annual Conference, pp.150-155.

Piteo, A., **Roberts, R.**, Nettlebeck, T., Lushington, K., Van Den Heuvel, C., Kohler, M, Martin, J & Kennedy, D. (2009). Snoring and sleep characteristics in Australian infants aged 0-3 month old. (abstract) *Sleep and Biological Rhythms*, 7, A31.

**Roberts, R.M.**, Wilkinson, J. & Watts, D. (2009). University student' alcohol consumption: Combined influence of parents and peers. Combined abstracts of 2009 Australian Psychology Conferences, p.148. Australian Psychology Society.

**Roberts, R.** & Boynton, A. (2008). Emotional and behavioural problems in children referred to a Child Development Unit. (abstract) *Australian Journal of Psychology*, 60, Supplement, 186.

Shute, R., McCarthy, K.R. & **Roberts, R.** (2007). Predictors of social competence in young adolescents with craniofacial anomalies. *International Journal of Health and Clinical Psychology*, 7, 575-613

**Roberts, R.** (2006). The experience of living with a craniofacial condition: Child, adolescent and parent perspectives. (abstract) *Australian Journal of Psychology*, 57, Supplement, 249-250.

(published under name **R Coxon** prior to 2005/6)

McGlaughlin, K.L., Anderson, P.J., Netherway, D.J., Carney, B., **Coxon, R.**, David, D.J. (2006). Are there phenotypic differences between the S252W and P253R genotypes within Apert syndrome? (abstract) *Homo-Journal of Comparative Human Biology*, 57, 232.

**Roberts, R.** & Shute, R. (2005). The experience of living with a craniofacial condition; Child, adolescent and parent perspectives. Proceedings of the Eleventh International Congress of the International Society of Craniofacial Surgery, Coolum, Qld.

Sweeney, A.L., **Coxon, R.** & Fletcher, J.M. (2003). Improving dietary management for Phenylketonuria. (abstract) *Journal of Inherited Metabolic Disease*, 26 (Suppl. 2) p. 205

Fletcher, J.M., Couper, R., Moore, D., **Coxon, R.**, Dorney, S. (1999). Liver transplantation for citrullinemia improves intellectual function. *Journal of Inherited Metabolic Disease*, 22, 581-586.

**Coxon, R.**, Fletcher, J., Penfold, J., Ranieri, E., Gerace, R., Woodroffe, R. &

Robertson, E. (1998). Normal intellectual outcome after low dose thyroxine replacement for congenital hypothyroidism. *Australian Journal of Psychology*, 50, Supplement, 136-137.

## SELECTED CONFERENCE PRESENTATIONS

Fletcher J M, **Coxon R**, Penfold J, Ranieri E, Gerace R, Woodroffe P, Robertson E. (1997, November). Normal intellectual outcome after low dose thyroxine replacement for congenital hypothyroidism. International symposium on Therapeutic Outcome of Endocrine Disorders: Efficacy, Innovation and Quality of Life, Palm Beach Gardens, USA.

**Coxon, R.**, Fletcher, J., Penfold, J., Ranieri, E., Gerace, R., Woodroffe, P. & Robertson, E. (1998, October) Normal intellectual outcome after low dose thyroxine replacement for congenital hypothyroidism. Poster presented at the 4<sup>th</sup> National Conference of the APS College of Clinical Neuropsychologists, Lorne, Victoria.

**Coxon, R.** (2000, October) Psychosocial difficulties in children with craniofacial conditions. Paper presented at Asia Pacific Craniofacial Association 3<sup>rd</sup> Conference, Shanghai, China.

**Coxon, R.** (2002, March) The psychological management of pediatric patients. 4<sup>th</sup> Australian Wound Management Association Conference, Adelaide, South Australia.

Sweeney, A.L., **Coxon, R.**, Fletcher, J.M. (2004, August) An improved method for counting phenylalanine for PKU diets. Paper presented at the Society for the Study of Inborn Errors of Metabolism 41<sup>st</sup> Annual Symposium, Amsterdam, The Netherlands.

**Roberts, R.** (2005, September). The experience of living with a craniofacial condition; child, adolescent and parent perspectives. Paper presented to 40<sup>th</sup> Australian Psychological Society Annual Conference, Melbourne, Victoria.

**Roberts, R.** (2005, September). Stressors and positive aspects of living with a craniofacial condition. Paper presented to International Society of Craniofacial Surgery XIth International Congress, Coolumb, Queensland

McGlaughlin, K.L., Anderson, P.J., Netherway, D.J., Carney, B., **Roberts, R.**, & David, D.J. (2005, September). Genotype-phenotype correlation in Apert syndrome. Poster presented to International Society of Craniofacial Surgery XIth International Congress, Queensland, Coolumb, Queensland

**Roberts, R.** (2006, September). Regaining control and a sense of self after acquired brain injury, Paper presented to Priory Unsted Park Neuro-rehabilitation Centre Annual Conference, Interventions that support the

rebuilding of self-identity post ABI, Surrey, England

Sweeney, A.L., **Roberts, R.** & Fletcher, J.M. (2007, March). Counting grams of protein for PKU diets- The final conclusion. Poster presented to International meeting: Dietary Management of Inherited Metabolic Disease, Royal College of Physicians, London.

**Roberts, R.** (2007, May). Behaviour problems in children with epilepsy. Invited paper presented to Epilepsy Centre state conference, Adelaide, SA.

**Roberts, R.,** & Rice, J. (2007, September). Introduction to CYWHS Rehabilitation Team. Paper presented to National conference: Better together; working and learning to improve services for children with acquired brain injury and their families, Adelaide, SA.

Fletcher, J.M., Fietz, M., Gibki, S., **Roberts, R.,** Hopwood, J.J., Haan, E.A., Russell, S., Fuller, M. & Clements, P.R. (2007, September). Clinical and urine findings 7 years after bone marrow transplant for alpha-Mannosidosis. Poster presented to the Society for the Study of Inborn Errors of Metabolism Annual Symposium, Hamburg.

**Roberts, R.** (2007, September). Using goal setting to improve ABI rehabilitation outcomes. Invited seminar presented to National conference: Better together; working and learning to improve services for children with acquired brain injury and their families, Adelaide, SA.

**Roberts, R.** (2007, October). Adolescents coping with appearance-related stressors; predictors of adjustment. Paper to be presented to the 30<sup>th</sup> Annual Conference of the Australian Association of Cognitive and Behaviour Therapy, Gold Coast, QLD.

Flapper, W.J., Anderson, P.J., **Roberts, R.** & David, D.J. (2008, October) Protocol management of Crouzon, Pfeiffer and Muenke Syndrome 1975-2008. 7<sup>th</sup> Asian Pacific Craniofacial Association Conference, Taipei, Taiwan.

**Roberts, R.** & Boynton, A. (2008, September). Emotional and behavioural problems in children referred to a Child Development Unit. 43<sup>rd</sup> APS Annual Conference, Hobart.

Robbins, T., **Roberts, R.,** Gannoni, A. & Tapp, H. (2009, June). Psychological and cognitive problems in survivors of childhood cancer. ANZCHOG: Australian and New Zealand Children's Haematology/Oncology Group Annual Scientific Meeting, Adelaide.

Docherty, J. & **Roberts, R.M.** (2009, July). An examination of the relationship between social-emotional competence factors in childcare children as an indicator of emotional resilience: A brief assessment by childcare staff for

identification of possible risk factors for future mental health problems. AHDA Conference, Adelaide.

Kemp, E., Stelan, P. & **Roberts, R.** (2009, July). Children's understanding of forgiveness. AHDA Conference, Adelaide.

**Roberts, R.M.**, Wilkinson, J. & Watts, D. (2009, September). University student' alcohol consumption: Combined influence of parents and peers. 44th APS Annual Conference, Darwin.

Piteo, A., **Roberts, R.**, Nettlebeck, T., Lushington, K., Van Den Heuvel, C., Kohler, M, Martin, J & Kennedy, D. (2009, October). Snoring and sleep characteristics in Australian infants aged 0-3 month old. Australasian Sleep Association 21st Annual Scientific Meeting, Melbourne.

**Roberts, R.** & Robb, J. (2009, November). Evaluating sibling programs: Why haven't we done it and where should we be heading. 2nd National Siblings Australia 'Creating Connections' conference, Adelaide.

Connell, T., Dinham, J., Russo, R., Sawyer, M., Raghavendra, P., & **Roberts, R.** (2010, February). Promoting quality of life in children after acquired brain injury (ABI): Preliminary findings. Australian Academy of Cerebral Palsy and Developmental Medicine Conference, Auckland, New Zealand.

**Roberts, R.** & Mathias, J. & Day, A. (2010, July) Predictors of mental health and quality of life in adults with craniofacial conditions. 27th International Congress of Applied Psychology, Melbourne.

Ali, F. & **Roberts, R.** (2010, July). Ethnic Variability in Children's Experiences and Conceptualisations of Bullying. XXth Congress of the International Association for Cross-Cultural Psychology (IACCP), Melbourne.

George W, **Roberts R**, Cole C, Marshall P, Ellison V, & Fabel H. The effect of age-correction on IQ scores among school-aged children born prematurely. Perinatal Society of Australia and New Zealand 15th Annual Congress, April 2011, Hobart.

**Roberts, R.M.** & Mathias, J. Psychosocial functioning in adults with congenital craniofacial conditions. American Cleft Palate-Craniofacial Association 68th Annual Meeting, April 2011, San Juan, Puerto Rico.

Foo, P., Sampson, W., **Roberts, R.M.**, David, D, & Jamieson, L. General Health-Related Quality of Life and Oral Health Impact Among Australians with Cleft Compared with Population Norms; Age and Gender Differences. Association of Orthodontists, Singapore Biennial Orthodontic Conference, March 2011, Singapore.

Beilby, E., Crabb, S. & **Roberts, R.** Asthma care in adolescents. International Society of Critical Health Psychology 2011 Conference, April 2011, Adelaide.

Foo, P., Sampson, W., **Roberts, R.M.**, David, D, & Jamieson, L. General health-related quality of life and oral health impact among Australians with cleft compared with population norms: Age and gender differences. 87th Congress of the European Orthodontic Society, June 2011, Istanbul, Turkey. AND Australian Society of Orthodontists Foundation Meeting, March 2011, Melbourne.

Foo, P., Sampson, W., **Roberts, R.M.**, David, D, & Jamieson, L. Evaluation of facial aesthetics and perceived need for further treatment among adults with cleft as assessed by cleft team professionals and lay persons. 87th Congress of the European Orthodontic Society, June 2011, Istanbul, Turkey. AND Australian Society of Orthodontists Foundation Meeting, March 2011, Melbourne.

**Roberts, R.** The neuropsychology of craniosynostosis: The role of the psychologist and implications for surgeons. Royal Australasian College of Surgeons Annual Scientific Congress, May 2011, Adelaide.

**Roberts R,** George W, Cole C, Marshall P, Ellison V, & Fabel H. What effect does age-correction have on IQ scores among school-aged children born prematurely? Australian Society for the Study of Brain Impairment 4th Pacific Rim Conference, July 2011, Auckland, New Zealand.

Day, A, **Roberts, R.** & Oxlad, M. Sun-protection and exposure among young women: Comparisons of various tanning behaviours. 46th Annual APS Conference, October 2011, Canberra.

Roberts, R.M., Mathias, J., & Wheaton, P. Cognitive functioning in cleft lip, cleft lip and palate, and cleft palate: A meta-analysis. 17th Annual College of Clinical Neuropsychologists Conference, November 2011, Sydney.

Connell, T., Dinham, J., Russo, R., Sawyer, M., Raghavendra, P., & **Roberts, R.** Quality of life in children after acquired brain injury. Novita Community Paediatric ABI Conference Nov 2011, Adelaide.

## **REFEREE**

Channel 7 Children's Research Foundation Grant  
27th International Congress of Applied Psychology, July 2010, Melbourne.  
Abstract reviewer.  
Health Research Board (HRB) of Ireland, Health Research Awards grant reviewer

## **GRANTS**

Connell, T., Sawyer, M., Roberts, R., Russo, R., Rahgavendra, P. (May 2007-2009). Improving children's quality of life after Acquired Brain Injury. Channel 7 Children's Research Foundation (\$40000)

Gavidia-Payne S. and others including Roberts R. (Oct 2007). Support for the siblings of children with disabilities: Needs, services, and research approaches. Australian Research Alliance for Children and Youth (\$12,000)

Winefield, H., Kettler, L., Roberts, R., Denson, L., Lamb, I., Tuckey, M et al. (2008). Child care and the psychological wellbeing of employed parents of children aged 5-7 years. Centre for Intergenerational Health Seed Funding (\$8,500)

Roberts, R. (2008-2009) Predictors of positive psychosocial outcomes for adults with craniofacial conditions. Faculty of Health Sciences Seed Funding. (\$8,500)

Nettlebeck, T., Kennedy, J.D. & Roberts, R. (2008-2009). Sleep disturbances in infants: Prevalence and its effect on cognitive development. Faculty of Health Sciences New Collaborative Research Small Grants Scheme. (\$10,000)

Roberts, R. Travel grant to attend the American Cleft Palate-Craniofacial Association's 68th Annual Meeting in Puerto Rico, Ian Potter Foundation (2011), \$2,504.

Roberts, R. Travel grant to attend the American Cleft Palate-Craniofacial Association's 68th Annual Meeting in Puerto Rico, Healthy Development Adelaide (2011), \$1,000.

Ratcliff, J., Flynn, T., Brazier, J.E., Stevens, K., Sawyer, M., (AI: Roberts, R.) Adolescent health: application of Best Worst Scaling Discrete Choice Experiments to value multi-attribute health states for use in economic evaluation, NHMRC.

## **JOURNAL REVIEWED**

Cleft Palate-Craniofacial Journal, Journal of Pediatric Psychology, Youth Studies Australia, Australian and New Zealand Journal of Public Health, Focus on Health Professional Development, Child Psychiatry and Human Development, ANZ Journal of Public Health, Children Australia, Cleft Palate-Craniofacial Journal, Early Human Development, Qualitative Health Research, Clinical Psychologist, Croatian Medical Journal.

*Associate Editor*, Clinical Psychologist (appointed Jan 2010).

**RESEARCH CONSULTANCIES**

Through the Looking Glass early intervention parent support program – Resource development, Gowrie SA.

Expert review: Early Days Workshop Supporting Siblings, Parenting Research Centre.

Subject matter expert QA reviewer for Autism content, Parenting Research Centre.