



THE UNIVERSITY  
of ADELAIDE



# ANTI-PROCRASTINATION MONTH

Are you overwhelmed  
with assignment  
deadlines?

Struggling to  
concentrate and focus?

Want a friendly and  
supportive place to  
work?

**Join us in the  
Writing Studio  
each Wednesday in  
October from 10am  
to 1pm.**

How it works:

- Set yourself up with laptop, study materials, earplugs etc.
- Hear a quick pep talk from someone who's been there before.
- Set some achievable goals.
- Write, read or study in uninterrupted working sessions.
- Enjoy short breaks with free snacks.
- Come and go as needed.

**Where: The Writing Studio  
Barr Smith South Level 2  
Room 200**

**When: Wednesdays  
10am-1pm - October 9<sup>th</sup>,  
16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup>**

**All welcome. No need to  
book!**

## FOR FURTHER ENQUIRIES

The Writing Centre  
The University of Adelaide SA 5005 Australia

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EMAIL [writingcentre@adelaide.edu.au](mailto:writingcentre@adelaide.edu.au)

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WEBSITE [adelaide.edu.au](http://adelaide.edu.au)

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