

**HEALTH-e BABY APP FAQ**

If you are reading this then you have already agreed to participate in the trial of the Health-e Baby app. This information sheet will help you to fix some of the problems you might face when installing and using the app. It also includes contact details that you can use if you have any questions or feedback.

**How big is the app (file size)?**

The app is 29mb (megabytes). This is the same as downloading about 5 large (7 megapixel) pictures.

**How do I download the app?**

1. Our research team will send you an email or a text message with a link to the app.
2. When you have access to the Internet on your phone and are happy to download the app then use your phone to open the email or text message and click on the link.
3. Clicking the link will start the installation process.
4. **You may receive a warning message that the file could damage your device, but this message is generated by Internet security settings and there is no risk to your device.**

**How do I open the app?**

When you install the app an icon will be added to your apps browser on your phone. The icon is a blue square with the text ‘HEALTH-E BABIES’. You need to locate and click this icon to open the app.

**What if I have a problem with the app, need help or want to give feedback?**

If you need help using the app or have feedback about the app you can email: [julia.dalton@adelaide.edu.au](mailto:julia.dalton@adelaide.edu.au?subject=Health-e%20Baby%20App)

**Can I use this email if I need medical advice?**

No. If you have a question about your pregnancy or the health of your baby then you should contact the Lyell McEwin Hospital or your healthcare provider directly. This email should not be used in an emergency.