

DIRECTIONS STUDY

Do artificial sweeteners augment intestinal glucose absorption in type 2 diabetes?

This study is designed to investigate how signals in the intestine control the uptake of sugar into the body, and whether these pathways are altered by diet supplementation with artificial sweeteners. We will also test whether artificial sweeteners change the amount and types of bacteria present in your intestine.

STUDY COORDINATORS: A/Prof Richard Young & Prof Chris Rayner

Are you:

- Healthy and of normal body weight
- Living with type 2 diabetes, controlled by diet or metformin medication only
- Aged 20-75
- Without any significant illnesses (e.g. cardiovascular or respiratory disease)
- Interested in taking part in a research project?

CONTACT: Please contact Nicole on 8128 4863 or email sweetener@adelaide.edu.au for more information.

Study participation is voluntary, however, an honorarium will be given for time spent in our department.

Study approved by the Royal Adelaide Hospital Ethics Committee.