

## Blood Pressure – Postprandial Hypotension Study

An excessive drop in blood pressure after a meal, known as postprandial hypotension (PPH), is common among older people and people with diabetes. Currently, there is no satisfactory treatment for this condition.

This study aims to investigate the effects of a gut hormone, glucose-dependent insulintropic polypeptide (GIP), on the rate of stomach emptying, changes in blood pressure, blood sugar levels, blood flow to the gut and oral sugar absorption in healthy older adults. Understanding the role of GIP in PPH will allow researchers to introduce better therapies for this condition.

**Study coordinator:** Karen Jones

Are you:

- A healthy MALE or FEMALE
- Aged between 65 and 80 years
- In general good health without significant illness (e.g. diabetes, cardiovascular or respiratory disease)
- Interested in taking part in a research study?

**Contact details:** Please contact either Seva or Deanna on 0451 735 247 for more information.

**Email:** [researchdiabetes@adelaide.edu.au](mailto:researchdiabetes@adelaide.edu.au)

Study participation is voluntary, however, an honorarium will be provided for time spent in our department. This study has been approved by the Royal Adelaide Hospital Ethics Committee.