

Type 2 Diabetes Whey Protein Study

We are conducting this trial to determine the impact of age on the effects of whey protein and glucose consumption, alone or in combination, on blood glucose, plasma insulin concentrations, appetite, and food intake.

Study coordinator: Ian Chapman

Are you:

- Male aged 65 years or over
- Living with type 2 diabetes, controlled by diet or metformin medication alone
- Interested in taking part in a research study?

Contact details: Please contact Avneet on 0487 881 505 for more information or

Email: avneet.oberoi@adelaide.edu.au or rachael.tippett@adelaide.edu.au

Study participation is voluntary, however, an honorarium will be provided for time spent in our department.

This study has been approved by the Royal Adelaide Hospital Ethics Committee.