

## The CALAMINO Study: Effects of calcium and amino acids on gut hormone secretions and bone turnover in healthy volunteers.

We are conducting this trial to investigate the effects that calcium (a mineral that forms part of a normal healthy diet) and amino acids, have on the contractions of the upper gut, the release of intestinal hormones, blood glucose levels and bone turnover.

**Study coordinator:** Christine Feinle-Bisset, Penelope Fitzgerald

Are you:

- A healthy MALE
- Body weight of BMI 19-25;  $BMI = \text{weight}/\text{height}^2$
- Aged between 18-50 years
- In general good health without significant illness (e.g. diabetes, cardiovascular or respiratory disease)
- Non-smoker
- Non-vegetarian
- Interested in taking part in a research study?

**Contact details:** Please contact either Penelope or Vida for more information, with the subject header: Calamino

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Study participation is voluntary, however, an honorarium will be provided for time spent in our department. This study has been approved by the Royal Adelaide Hospital Ethics Committee.