Student Worksheet

How can we feed the world sustainably? Grow muntries?

An Australian Native Food Plant.

Do you know the names of any food plants that were eaten by the Indigenous Australians (aborigines)?

Have you ever seen this plant/berry growing in SA?  
YES / NO (circle this answer)

The plant *Kunzea pomifera* produces berries, called muntries

It grows naturally in parts of South Australia and Victoria

The ngarrindjeri word for muntries is munthari

*Muntries is like a spicy type of an everyday fruit. What do you think muntries might taste like?*

A spicy ..............................................................

Hint 1: Does the colour remind you of an everyday fruit you might eat as part of your 5 veg + 2 fruits?  
Hint 2: An ............... a day helps keep the doctor away!

*What is the size of the biggest fruit in the picture below? Use millimetres (mm)*

What other fruits or berries do you know that have a similar size?
Muntries: General Information Sheet

Muntries are ripe from Jan-Apr. Here are places where you can see them growing.

- Botanic Gardens of Adelaide
- On the road side between Adelaide and Melbourne (from Ki Ki to Bordertown)
- Cape Jervis, south of the Ferry Terminal (start of the Heysen trail)
- State Flora Native plant nursery, Belair
- Coastal reserves at Tennyson & Aldinga
- Carpenters Rocks, near Robe

Growing naturally at Cape Jervis
the green round mats on the ground

Growing on trellises at Mt Pleasant in 2004
this makes harvesting easier

To see where you can buy muntries products, go to
http://www.muntries.nativeaustralianfoods.com/buy.html

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Some images from Stephen Talbot (http://www.muntries.nativeaustralianfoods.com/photo.html), with permission.