Making healthy babies - Men’s health matters

It is well known that the mother’s health at conception and during pregnancy affects fertility and the health of the baby. New evidence shows that the father’s fitness and lifestyle are equally important.

Events before we are born set up a life-time of good health or poor health, and are linked to whether or not chronic disease develops later in life. Both mothers and fathers can plan to provide a healthy start for their unborn children.

Hosted by the Robinson Research Institute and Healthy Development Adelaide, attendees will hear from 4 experts on varying aspects of men’s health, and the life-long impact on the resulting children.

- **Dr Nicole McPherson**: Obesity!! The modern man’s fertility nemesis
- **Dr Michelle Lane**: Sperm stress matters to the next generation
- **A/Prof Darryl Russell**: Chemical exposure - should prospective fathers be worried?
- **Prof Gary Witter**: Myth Busters Special: Men and their involvement with health care; bad behaviour or bad rap?

**Event details**

**Wednesday 11 May 2016**
5:30pm - 7:30pm
Registrations & refreshments from 5:00pm

**Adelaide Pavilion**, Parkview Room. Corner South Tce & Peacock Rd

Registrations essential, seating limited!

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Dr Nicole McPherson is an Early Career NHMRC Peter Doherty Research Fellow in the Robinson Research Institute and the Freemasons Centre for Men’s Health. Her current research interests encompass lifestyle factors and male fertility, paternal programming of offspring health, basic and comparative sperm biology, and conservation and improving IVF.

Dr Michelle Lane is a Senior Research Fellow at the University of Adelaide’s Robinson Research Institute and Chief Scientific Officer for Monash IVF Group. Her research interests are in understanding how the egg, sperm and early embryo develop and how this fundamental knowledge can be used to develop new treatments for infertile patients.

Associate Professor Darryl Russell is a Fertility & Conception Theme Leader and Leader of the Reproductive and Childhood Cancers Research Priority in the Robinson Research Institute. He is a cell biologist and molecular endocrinologist specialising in the intercellular communication controlling normal function and pathologies of reproductive organs.

Professor Gary Wittert is Director of the Freemasons Foundation Centre for Men’s Health Research and a Senior Consultant Endocrinologist at the Royal Adelaide Hospital. His research, focused on obesity, involves basic, clinical and population health approaches and is currently focused on peripheral mechanisms of appetite regulation and intermediary metabolism.