

TYPES OF FIRST AIDERS AND TRAINING REQUIREMENTS

In accordance with the [Approved Code of Practice for First Aid in the Workplace](#), First aiders should hold nationally recognised Statement/s of Attainment issued by a Registered Training Organisation (RTO) for the nationally endorsed first aid unit/s of competency.

Provide First Aid - provides competencies required to recognise and respond to common life-threatening injuries or illnesses, including life-support using cardiopulmonary resuscitation and to manage the casualty and incident until the arrival of medical or other assistance.

In low risk workplaces, first aiders are sufficiently trained if they can perform CPR and treat minor illnesses and injuries.

Provide Advanced First Aid and Provide Advance First Aid Response – provides additional competencies required to apply advanced first aid procedures. This type of training is suitable for some high risk workplaces.

Manage First Aid Services and Resources – provides competencies required to apply advanced first aid procedures and to manage a first aid room.

Provide First Aid in Remote Situations – provides the competencies required to administer first aid in a remote and/or isolated situation, including preparing for aero-medical evacuation. This type of training is suitable for high risk workplaces that are likely to have a major delay in accessing emergency services.

ADDITIONAL TRAINING FOR FIRST AIDERS

First aiders should attend training on a regular basis to refresh their first aid knowledge and skills and to confirm their competence to provide first aid. Refresher training in CPR should be undertaken annually and first aid qualifications should be renewed every three years.

First aiders may also need to undertake additional first aid training to respond to specific situations at their workplace. For example, where workers have severe allergies, first aiders should be trained to respond to anaphylaxis if this topic has not been covered in previous first aid training.

Assessment

In determining a First Aider(s) training needs, Schools/Branches should identify the hazards that could result in work-related injury or illness, assess the type, severity and likelihood of injuries and illness and provide the appropriate level of first aid training to manage the risk. The course content and competencies are provided in the links below.

Nationally Recognised Training providers

Please refer to the [HSW Training Plan](#) for recommended training providers.

FIRST AID COURSES - NATIONALLY RECOGNISED		
First Aid types under the Code	Relevant National Course	Duration of Course
Provide First Aid	Provide cardiopulmonary resuscitation HLTAID001 ; Provide basic emergency life support HLTAID002 ; Provide First Aid HLTAID003 .	1-2 days
Provide Advanced First Aid	Provide cardiopulmonary resuscitation HLTAID001 ; Provide basic emergency life support HLTAID002 ; Provide First Aid HLTAID003 . Provide Advanced First Aid HLTAID006 , Provide advanced resuscitation HLTAID007 .	3 Days
Manage First Aid in the workplace (Occupational First Aid)	Provide cardiopulmonary resuscitation HLTAID001 ; Provide basic emergency life support HLTAID002 ; Provide First Aid HLTAID003 . Provide Advanced First Aid HLTAID006 , Provide advanced resuscitation HLTAID007 , Manage first aid services and resources HLTAID008 .	4 days
Provide First Aid in Remote Locations	Provide cardiopulmonary resuscitation HLTAID001 ; Provide basic emergency life support HLTAID002 ; Provide First Aid HLTAID003 . Provide first aid in remote situations HLTAID005	3 days

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