

Issue #4

# Safe Work and Mental Health Month

During the month of October the Health, Safety and Wellbeing Team will be running a number of seminars on Safety and Mental health topics, including:

- Key things a supervisor needs to know (and do!)
- Hazard management writing a better risk assessment
- The secrets to overcoming anxiety and building confidence
- Illness/injury support and workers compensation at The University of Adelaide

Click here to see the full list of seminars and make a booking.



# **Shocking News**

Across the 2021-22 reporting period, notifications to SafeWorkSA from South Australian businesses associated with electric shock incidents were 38 per cent higher than in 2019-20. The University has experienced a number of such issues as reported in Unisafe and to SafeWork SA.

Read the full article from SafeWork SA for details on the common types of electrical safety issues. If you work with electricity and have questions about working safely, contact the <u>HSW team</u> or review the Electrical Safety Management page.

## **Mind Over Matter**

With mental health increasingly recognised as a significant determinant of physical health (access the research <u>here</u>), organisations are sharpening their focus on psychological and psychosocial hazards and risks in the workplace.

If you want to know more about psychosocial hazards, take a look at Safework Australia's new 'Managing psychosocial hazards at work' infographic for a two-page summary of psychosocial hazards and how to mitigate them. A new model code of practice has also been approved by SafeWork Australia providing practical guidance on how to manage psychosocial hazards at work.

Model Code of Practice: Managing psychosocial hazards at work | Safe Work Australia



### **New Gas Safety MyUni Course**

The HSW Team has developed a new MyUni course on gas and gas bottle safety, which covers areas such as bottle handling and transport, and how to interpret the labels. We recommend that all staff who work with gas cylinders complete this training, and list mandatory completion of this session on risk assessments as a control measure for tasks involving the handling of gas cylinders.

Click here to access the course

## **New HSW Team Member**

We welcome Kema Hord to the HSW team as our newest Health & Safety Officer. A former Veterinary Nurse with a Cert IV in WHS, Kema joins us from the Faculty of Health and Medical Sciences where she worked as a Clinical Placements Officer managing clinical placements for over 700 medical students across years 3-6 of the Bachelor of Medicine Bachelor of Surgery (MBBS) Programs. She was heavily involved in the coordination of compliance activities, HSW/WHS compliance auditing processes, internal incident reporting, and information systems management, so her knowledge of the FHMS and veterinary practice combined with her passion for HSW makes her a valuable addition to the HSW Advisory team.

## **Policy Updates**

#### **REVISED - HSW Policy**

The updated HSW Policy was endorsed by the Acting Vice Chancellor and President on the 14th of September and is now available on the <u>HSW website</u>.

**OUT FOR CONSULTATION -** Radiation Safety Management Procedure

Feedback is sought from the University community on draft revisions to the Radiation Safety Management Procedure. Note that a more extensive review will be undertaken in 2023 to align with new legislation.

#### The main changes are:

- Change in responsibilities from Head of School to the EPA license holders
- Clarification around storage of personal monitors
- Additional guidance around finger badges
- Additional guidance around restricting access to unattended radiation facilities
- Specific clarification regarding Information, instruction, training and supervision
- Changes to the University of Adelaide's dose constraint (from 1mSv to 5mSv).

Any comments may be submitted via the <u>draft</u> <u>policies</u> page before Friday 28 October, 5 pm.

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