

BreastScreen SA

Free breast cancer screening



If you are a woman aged 50 to 74 years, without breast symptoms, you are eligible for a free screening mammogram with BreastScreen SA.

Breast cancer survival rates are improving each year, but the key is early detection; it is important to have a screening mammogram every two years, to help detect those changes that are too small to feel.

Call 13 20 50 to book your appointment or to find out more.



Government
of South Australia

SA Health

BreastScreen SA

Caring for women from ocean to outback

Did you know...

- > BreastScreen SA has seven clinics in the Adelaide metro area, and three mobile screening units that travel to 26 rural locations across the state.
- > 9 in 10 women diagnosed with breast cancer have no family history of the disease.
- > Screening mammograms (breast X-rays) are currently the only clinically proven way to detect breast cancer early, before symptoms develop. This gives you the greatest chance of successful treatment.
- > Breast cancer can develop between your regular breast screens. It is important that you are breast aware. If you notice any changes in the look or feel of your breasts you should see your doctor promptly to arrange further investigation.
- > While the brief 'pressing' of the breast may be uncomfortable for some women, it is vital for taking the best possible picture (to help detect subtle breast changes) and to minimise the already very small dose of radiation used.
- > 75% of all breast cancer cases in Australia are diagnosed in women over the age of 50.
- > 1 in 10 South Australian women will develop breast cancer before the age of 75.

Please call us on **13 20 50** to find out more, visit us at www.sahealth.sa.gov.au/breastscreen or email bssaenquiries@health.sa.gov.au