

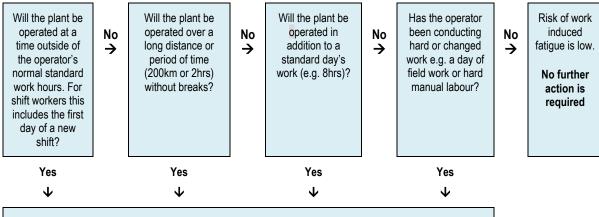
APPENDIX G (Page 1 of 1)

# **FATIGUE MANAGEMENT**

#### **General Fatigue Management**

Supervisors and Managers should take fatigue management into account when scheduling vehicle operations. A decision tree has been added below to assist supervisors/managers in fatigue management. Refer to the HSW Handbook Chapters Hazard Management for further information.

#### University Driver/Operator Fatigue Management Decision Tree



Risk of work induced fatigue is increased.

Carry out a risk assessment in accordance with HSW Handbook chapter Hazard Management.

See below for recommended controls.



- Consider taking breaks every 2 hours or 200km.
- Make alternate arrangements (e.g. shifts; co-drivers, staying overnight to travel the next day).
- Total work hours (inclusive of driving) not to exceed 8 hours.
- Review the SafeWork SA website

### **Heavy Vehicle Legislation**

In 2013 National legislation for heavy vehicles came into effect. The fatigue relevant sections of this legislation apply to any person who drives a heavy vehicle with a **gross vehicle mass or aggregated trailer mass over 12 tonnes**, or a bus with **more than 12 adult seats** (including the driver's) with a gross vehicle mass of over 4.5 tonnes. Additional information is available on the <u>SA</u> Transport Department website or contact your local HSW team if you are undertaking this activity.

In terms of the University, this will apply mainly to field trips involving extended driving, and activities of a farm-related nature.

## **Contracted services**

It is expected that transport services contracted by the University will be aware of the current legislation and supervise their drivers accordingly.

All information can be found on the SA Transport Department Heavy vehicles website.

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