

# Green Taco, Crispy Carp, Super Green Sauce + Fermented Green Chilli



THE UNIVERSITY  
of ADELAIDE

150 YEARS

## Fried Green Taco

100g hemp flour  
200g euro flour  
2g salt  
100ml water  
5 ml hemp oil

## Super Green Sauce

1 avocado  
100ml hemp oil  
5 limes juiced  
1 bunch gr  
Green herbs blanched and chopped  
50g sugar  
Salt to taste

## Method

To make the taco combine all the ingredients and divide into 12 small balls.

Using a taco press or small rolling pin, roll the dough into even flat circles.

Cook in a crepe pan with a very small amount of oil until toasted each side.

For the super green sauce just blend it all up until very smooth.

make  
history.