

Child Information Sheet (Sibling) The Australian Cerebral Palsy Biobank

Investigators:

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This information has been put together to help you decide if you would like to donate a sample of blood/DNA for our biobank for future studies about cerebral palsy.

Who is setting up the biobank?

The Queensland Paediatric Rehabilitation Service at Lady Cilento Children's Hospital is working with the Australian Cerebral Palsy Research Group to recruit participants and their families to help build a biobank for cerebral palsy.

What is a biobank and why is it important?

A biobank is a collection of biological samples that are stored for research reasons. Cerebral palsy is a very common disorder, that many people in Australia live with. Approximately one in every 400 children born in Australia has cerebral palsy. We now think that cerebral palsy begins before birth, and we want to investigate this further. The Australian Cerebral Palsy Biobank has been set up to allow important research to be done, which will help us to understand how cerebral palsy develops, and how we can prevent it one day.

How will your samples and information be used?

By participating in the biobank, families agree to the DNA (genes) and medical information they provide being stored indefinitely and used in ongoing and future research. The investigators in charge of this biobank will only use the samples for cerebral palsy research that has been approved by an ethics committee, who will make sure that the research is being done properly.

The area of cerebral palsy research is large and as we develop more advanced technologies, more research ideas will be explored. We don't know exactly what research ideas will be investigated in the future. Some of the current ideas include: investigating families to see if there is anything in their genes that may have caused cerebral palsy, and studies to look into the interactions between genes and the environment to see if there is any connection.

Who can participate?

We are inviting cerebral palsy families to participate in this study, and this includes:

- yourself, as a brother or sister (sibling) without cerebral palsy. Your involvement will be important to look for differences between your genes and your sibling's. You will need to be at least 5 years old. If something interesting is discovered in the genes of your brother or sister with cerebral palsy that is not present in your genes, it may help to explain the cerebral palsy in your family.
- your brother or sister with cerebral palsy. They will generally be at least 5 years old, but some children as young as 2 years old can also be included if their doctor says they clearly have cerebral palsy.
- your mother and your father.

If you agree to participate, we will:

1. Collect and store a blood sample (approximately 1 tablespoon) from you - this may be slightly painful and there is a small chance that bruising might occur.
A nurse who is specially trained will take your blood. This nurse can use a special numbing cream on your arm, so that it won't hurt very much when the needle goes in. The entire blood sample will be collected with only one try. We will store your blood and DNA in special freezers and they will only be used for cerebral palsy research.
2. Access and store the following information:
 - Medical records collected at the time you were born, and about your mother's pregnancy (known as perinatal data).
 - A sample from your newborn blood spot (Guthrie) card, if necessary.
 - Any other information that may be important to cerebral palsy research.
3. Ask your mother to fill in a short questionnaire about things that happened when she was pregnant with your sibling (brother or sister) who has cerebral palsy.
4. Ask to also collect a blood sample from your parents, and your sibling who has cerebral palsy. We will send a sample of your sibling's blood to a research centre called 'Genetic Repositories Australia' (GRA). People working at GRA have the skill to extract DNA (take it out from blood) and store it for us. They will do this by using white blood cells from the blood sample we collect, and growing them to ensure an ongoing supply of DNA. This means that we shouldn't need to come back and ask your sibling for more blood later. Their anonymous DNA samples may be used by other researchers for research in any medical condition, with the approval of an ethics committee.
If you agree to let us keep this information, we will keep it very safe, and not have your name attached to it. We will use a special code number to store it.

Do I have to take part in the research?

No you don't. If you say no, that is ok. It is up to you.

Even if you take part at the beginning and change your mind later on and don't want to be a part of the biobank, that is okay as well. All you need to do is tell your parents to tell the researcher that you don't want to take part anymore.

Will anyone know that I am taking part?

No, no-one will know that you have donated blood and DNA for this biobank. Our biobank will contain blood samples, DNA samples, blood spots taken from Guthrie cards and medical data that are stored without your name (and without your brother/sister's or parent's names). We will use a special code number to store everything about you and them, so that no-one knows who you are.

What will happen to the blood I donate?

The blood samples, DNA samples, Guthrie card spots and medical data will be stored in the biobank using a special code without your name, and will only be used by researchers who are linked with The Australian Cerebral Palsy Biobank to help them do more research in the area. No-one else will be allowed to use this information. The information could be used with information from other young people in reports or papers about the research. You will not be able to be identified in these reports or papers.

We can't give you any results from this biobank.

We have a website (www.adelaide.edu.au/cerebralpalsy) which gives information on projects that we are working on if you would like to know more about what your samples are being used for.

If you would like any more information about this biobank, please talk to your parents first. They can help you to contact the local study co-ordinator in Brisbane on (07) 3068 2950 or a member of the Biobank Team in Adelaide. They will be happy to answer any of your questions:

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This project has been approved by The QLD Children's Health Services (RCH) Human Research Ethics Committee (HREC). If you have any worries or questions about the study or your rights as a participant, or if you wish to make a confidential complaint, at any time, please call the Co-ordinator of the Ethics Committee on (07) 3636 9167. If this phone is unattended, please leave a message and your call will be answered as soon as possible.

This information is for you to keep.